Winter Vacation Care program

Bookings open online from 7am, Tue 14 Jun

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'Winter' By Kieren, age 6 North Harbour Vacation Care







Vacation Care

All day care for school age children

7.30am to 6pm weekdays.

Daily Fee is **\$85**.

Child Care Subsidy (CCS) available (see page 6 for details)

Please note that all excursions and activities are subject to change due to Covid restrictions.

Families please remember to:

- bring morning tea and lunch
- pack ice brick in lunchboxes
- bring a refillable drink bottle
- pack a hat
- wear closed-in shoes
- apply sunscreen
- wear clothes that cover shoulders
- medication must be in prescription box with doctor instructions
- do not bring nut products

	Mon 4 Jul	Tue 5 Jul	Wed 6 Jul	Thu 7 Jul	Fri 8 Jul	
Cromer	IN CENTRE Gamer's paradise	BUS EXCURSION Acrobatics and gymnastics	IN CENTRE Go for your life art and craft	IN CENTRE Sustainable creations	IN CENTRE Games and sport	
	Mario Kart, Just Dance, board games and design your own video game character. Basically games all day!	Today we are off to AAGI in Brookvale. A day full of fun, gymnastics, acrobatics, challenging activities and much more. Wear comfy sports clothes.	Bring your creative skills and make amazing art and unique craft. You can paint on canvases, make shrinkies, create sand art, scratch art and much more.	Let your imagination run wild as you design your own reusable water bottle and stay hydrated in style over the holidays.	Get active, competitive and sporty while you play lots of games both indoors and outdoors. Group games, team games and much more.	
Forestville	INCURSION Taronga Zoo Mobile	IN CENTRE Tinker and create	IN CENTRE Sushi making	WALKING EXCURSION Tennis champions	BUS EXCURSION Ninja Kids	
	Meet a variety of unique and wonderful animals such as a blue tongue lizard, bearded dragon, spotted python and many more with Taronga Zoo Mobile.	Join us in a tinkering day. Our loose parts creator station is expanding as we introduce old tech that can be disassembled and re-imagined.	We will be cooking up a storm at Forestville. Put your chef's hat on and put your culinary skills to the test. We are making sushi today.	Become the next Wimbledon tennis champion with our walking excursion to Melwood courts. We will set up nets and match it out. Then have lunch at Melwood Oval.	Bring out your inner ninja at Ninja Kids in Brookvale! Learn how to become a ninja warrior in their parkour courses. Remember your sports shoes and complete the online waiver.	
Manly Vale	IN CENTRE Make my bear	BUS EXCURSION Acrobatics and gymnastics	IN CENTRE Slime time	WALKING EXCURSION Laser tag	WALKING EXCURSION Wheels crew	
	Make your very own teddy bear today at Manly Vale. They are extremely soft and cuddly and yours to keep and take home.	Today we are off to AAGI in Brookvale. A day full of fun, gymnastics, acrobatics, challenging activities and much more. Wear comfy sports clothes.	Do not wear your Sunday best clothes today because it's going to be messy! We will make all different types of slime in all colours of the rainbow.	Aim4Fun are bringing all the equipment you need including phasers, inflatables and experienced staff for a fun and exciting laser tag experience at Passmore Reserve.	Bring your own wheels (scooter, skateboard, bike, rollerskates) and walk down to Passmore Reserve to ride around. Make sure you bring your helmet and safety gear as well.	
North Harbour	INCURSION Taronga Zoo Mobile	INCURSION Dancing genies	IN CENTRE Lego challenge day	WALKING EXCURSION Secret stones walk	BUS EXCURSION Ninja Kids	
	Meet a variety of unique and wonderful animals such as a blue tongue lizard, bearded dragon, spotted python and many more with Taronga Zoo Mobile.	Join in the fun and energetic art of dancing and drumming with Dancing Genies from Fun Day Out. Play amazing Middle Eastern percussion instruments while being able to dress the part!	Put your masterful LEGO skills to the test. See how many challenges you can complete. Use your imagination and have fun!	Brighten up someone's day. Today we will paint rocks and hide them as we stroll along The North Harbour Walk. Let's inspire our community.	Bring out your inner ninja at Ninja Kids in Brookvale! Learn how to become a ninja warrior in their parkour courses. Remember your sports shoes and complete the online waiver.	

	Mon 11 Jul	Tue 12 Jul	Wed 13 Jul	Thu 14 Jul	Fri 15 Jul
	IN CENTRE Winter fair	IN CENTRE Pizza Tuesday	BUS EXCURSION Avalon fun day	INCURSION Nerf wars	IN CENTRE After dark
Cromer	Come together for a winter fair. Design your own shop, make snow globes and open up your winter shop for business!	Put your chef's hat on and put your culinary skills to the test. Make your pizza base, add toppings then watch it cook in a wood fire pizza oven. Eat and enjoy!	This is a jam- packed day full of fun. Jumping castle, gymnastics, disco room and much more. All under one roof at Avalon Recreational Centre.	It's time to team up for nerf wars and get your thinking caps on for a series of challenges that test your speed, accuracy and ability to plan strategies.	Let's party!! Celebrate the end of the holidays with a PJ dance party with environmentally friendly glow in the dark fun. We will make smoores. Don't forget your pyjamas!
Forestville	IN CENTRE Hall games	IN CENTRE Native nature day	BUS EXCURSION Avalon fun day	WALKING EXCURSION Winter at St David's	INCURSION Winter solstice roller party
	We're going to go big and go hard. The hall is being taken over for dodgeball, nerf battles, zombie tag and more with breakout spaces available for art and playstation.	Learn about native plants and bush tucker, and pot up your own seedling to take home. We will also do some planting around the centre.	This is a jam- packed day full of fun. Jumping castle, gymnastics, disco room and much more. All under one roof at Avalon Recreational Centre.	Join us for winter craft and giant games. We will hopefully visit St David's Retirement Village residents and share the fun.	Pump up the speakers, lace up the Roller Crew hire skates and dance like no one can see you. Please bring party food to share that meets your child's dietary needs.
Manly Vale	WALKING EXCURSION Passmore sporting	IN CENTRE Winter wonderland	BUS EXCURSION Avalon fun day	INCURSION Awesome TV game show	IN CENTRE Party disco day
	Ready to get active and sporty. We will have lots of group games, team games and much more to play at Passmore Reserve, a small walk from the centre.	Warm up by making delicious hot chocolate and playing winter sports games on the Nintendo Switch. We will also create personalised cards for our neighbours at Hardi Aged Care.	This is a jam- packed day full of fun. Jumping castle, gymnastics, disco room and much more. All under one roof at Avalon Recreational Centre.	Go head to head in games such as "Snot Catcher", "When Ninja's attack" and "Jelly in the Belly". Have a blast with some of the silliest games you'll ever play.	Let's Party!! Celebrate the end of the holidays with an awesome disco. Wear your best outfit to party and play karaoke, musical statues, musical chairs and more.
North Harbour	WALKING EXCURSION Forty Baskets picnic	IN CENTRE Recycled artwork	BUS EXCURSION Avalon fun day	IN CENTRE Pizza day	IN CENTRE PJ movie day
	We are off on a walk to Forty Baskets for a picnic. We will make hot chocolate in the morning to take on our adventure. No swimming but lots of fun and games.	Bring your creative crafty and artistic skills today for the loose and recycled material artwork competition. You are only limited by your imagination!	This is a jam- packed day full of fun. Jumping castle, gymnastics, disco room and much more. All under one roof at Avalon Recreational Centre.	We will be cooking up a storm at North Harbour. Design pizza boxes and a chef's hat. Now you are ready to cook up delicious pizzas. Eat and enjoy!	Let's Party!! Celebrate the end of the holidays with a PJ movie party. We will make popcorn, have ice cream treats, play games and watch a movie.
Cromer	Mon 18 Jul			I	I
	IN CENTRE Make my bear				
	Make your very own teddy bear today at Cromer. They are extremely soft and cuddly and yours to keep and take home.				

Vacation Care

Standard of care

Northern Beaches Council Vacation Care operates in accordance with the requirements set by the Australian Children's Education & Care Quality Authority (ACECQA) including the National Quality Framework (NQF) and the framework for school age care in Australia, My Time Our Place (MTOP).

Philosophy

Northern Beaches Council Vacation Care aims to provide the highest quality education and care service for children in a fun and safe environment.

At Northern Beaches Council Vacation Care we:

- Provide an inclusive and antibiased approach to our education and care service which welcomes and includes all children and families regardless of ability, language, race, culture, gender, religion, socio-economic status, family structure or lifestyle, within the capabilities of the service.
- Promote a positive environment where children have the opportunity to learn, explore, develop and be creative while fostering respect, self esteem and the unique contribution of each individual child.
- Acknowledge play as a vital part of a child's development and we encourage and support the principles of play through our programming by looking at the needs, interests and abilities of all children.
- Promote teamwork and value staff whom we support through communication, training and development.
- Build respectful partnerships with families and the community.
- Value the natural environment in which we live and encourage children to love and respect nature, the land, animals and people, while fostering an eco-friendly centre by recycling and discouraging waste.
- Encourage children to explore social learning by developing new friendships, negotiate rules of play and be encouraged to develop independent cognitive skills.

General information

Vacation Care is for children up to 12 years old attending primary school.

Children must have completed their first term of school to attend Vacation Care unless they are attending the Pre-school Vacation Care during the January school holidays at North Harbour.

Staff are employed from 7.30am to 6pm and children are to be electronically signed in and out by a parent/guardian between these times. Children will only be allowed to leave the centre accompanied by an adult nominated in your Hubworks registration. Our admin team can help you register new authorised / emergency contacts - please call our office on 9942 2312. Centre staff will make an alternative arrangement if a person collecting the child appears to be under the influence of alcohol/drugs or if the child could be at risk - this is up to staff discretion.

Prescription medication can only be administered by staff with written permission from parents/guardians and be in the original packaging. Non-prescription medication is not permitted at Vacation Care. See centre staff for further details.

PG rated movies may be shown at the centre, please see staff if you have any concerns about this.

Every effort is made to provide the activities exactly as advertised in this brochure, however sometimes, due to circumstances out of our control, this is not possible. If an activity is cancelled we will try to provide another activity and inform families as early as possible, usually on the morning of the scheduled activity via signage at the centre.

Centre and program rules are established for the safety and wellbeing of all children. Please note consistent disregard of rules may result in exclusion from the program following consultation with Council staff and parents/guardians.

What to bring

Children need to bring a hat, lunch, snacks and a refillable drink bottle. We suggest you pack a frozen ice brick with your child's lunch to help prevent the growth of bacteria and keep it cool until lunch time. Cooking activities may be part of the day's program but they are not meal substitutes.

Children should not bring any valuable toys, electronic devices, mobile phones or expensive jewellery to Vacation Care as they may be lost. Vacation Care will not be responsible for lost valuable items.

What to wear

Please clearly label all items!

Sunhat and sunscreen – no hat means children may only be allowed to play in the shade. Children without hats may miss out on outdoor activities!

Parents – please apply sunscreen to your child every day before dropping them to Vacation Care. Sunscreen will be available at the centre.

Clothing should be practical and sun smart. Singlet tops are not appropriate as exposed shoulders are prone to sunburn.

Please note that centres often do messy activities so be prepared for dirty clothes at the end of the day!! The centre does not provide protective shirts for arts and crafts.

Please wear covered shoes only—thongs, slides and most sandals are NOT appropriate or safe footwear at Vacation Care. 'Wheelie' shoes and Crocs are also inappropriate footwear for Vacation Care. Please note children who do not have appropriate footwear may not be able to participate in all activities.

Food

Help us be allergy friendly! Many children have allergies to various foods. Nut allergies are especially common.

Please help us by not providing any nuts or nut products (including peanut butter and hazelnut spread) in your children's lunches and snacks.

Please provide healthy snacks and lunches. Lollies, sugary drinks and sweets are discouraged.

Please ensure your child has plenty to eat and a drink bottle to fill with water.

Hours of operation

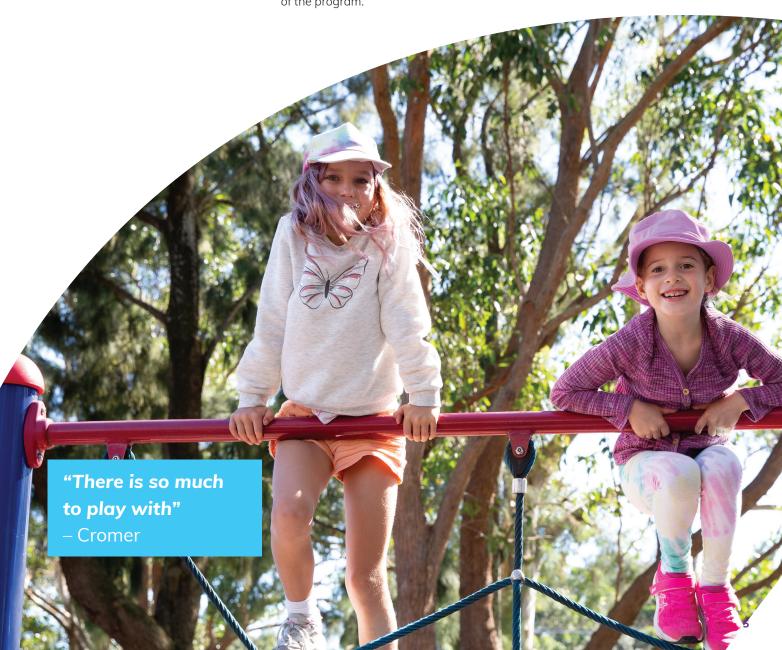
The program runs from 7.30am to 6pm each day.

Children with additional needs

Northern Beaches Council Vacation Care Programs are additional needs and disability friendly. Before enrolment, we require detailed information about your child's individual needs in order to work together to support your child. If your child has high support needs, additional support may need to be accessed via the Federal Government's Inclusion Support Subsidy (ISS). The application process can take some time as we consult with schools and complete an assessment to determine how to best meet your child's needs at Vacation care. Contact the Vacation Care Coordinator on 8495 6685 as early as possible to ensure that your child can access all aspects of the program.

Immunisation

Children who are not immunised are to be excluded for the duration of an outbreak of an immunisation preventable disease. Vacation care is exempt from collecting and keeping Immunisation records.



In centre days

Activities vary throughout the day and allow for sessions of high and low physical activity. Incursions scheduled for certain days will usually run for a one to two hour period. The remainder of the day will include activities organised by the educators. Each day will have a theme that will be incorporated into some of the activities during the program for the day. Please be aware that activities may be cancelled or modified at last minute, depending on Covid restictions at the time.

Excursion day

Children and staff will travel by charter bus or walk to each excursion venue. On excursion days children will leave the centre at a time after 9am and return to the centre by 4pm. Please ensure children are dropped off before the children are required to leave the centre to get to the excursion.

There can be up to 80 children attending each excursion, with one educator for every eight children, except when they are attending a swimming excursion at which there will be a ratio of one educator to five children.

A risk assessment with more details about each excursion can be viewed on the Vacation Care website prior to booking.

Information on the time of departure for excursions, special requirements for the day, or late changes to the program are displayed at the centre or are available by phoning the centre during opening hours. Parents/ Guardians are responsible for ensuring they have all information required. Children will not be permitted to purchase food on excursions so please do not send money with your child to Vacation Care.

Please be aware that excursions may be cancelled or modified at last minute, depending on Covid restictions at the time.

Child Care Subsidy (CCS)

If you wish to claim Child Care Subsidy (CCS) you will need to complete an online Child Care subsidy assessment using your Centrelink online account through my.gov.au. You will also need to provide us with the date of birth of the parent/ guardian claiming the CCS, the date of birth of the child being enrolled and the Centrelink Customer Reference Number for both the parent/ guardian and the child.

Once your booking has been entered into our system you will receive an email from MyGov asking you to confirm your enrolment.

You will then need to log in to your MyGov account and confirm your enrolment/s for our Vacation Care service/s. CCS will then be applied to the fee charged for your booking.

We will charge you the gap between our daily fee and your CCS entitlement.

Centrelink will withhold 5% of all subsidy payments which is reconciled with families at the end of the financial year.

No CCS will be payable where children are absent from the last day of care they are booked in for each holiday period.

If you have any questions with regard to your eligibility for Child Care Subsidy please call the Family Assistance Office on 13 61 50.

Vacation Care Centre locations

Cromer

Cromer Community Centre Fisher Road North Cromer 0418 265 803

7.30am to 6pm

Forestville

Forestville Youth Centre (Behind RSL Club) Melwood Avenue Forestville 0418 260 807

7.30am to 6pm

Manly Vale

Manly Vale Community Centre 272 Condamine Street Manly Vale 0418 267 399

7.30am to 6pm

North Harbour

North Harbour Preschool 1 Burton Street Balgowlah Heights 0417 201 798

7.30am to 6pm



LEVEL UP YOUR CYBER SECURITY



Step 1: Update your device

Installing updates will give your device a security power-up! They find and fix flaws in your software that cyber criminals can use to hack in.





Step 2: Turn on multi-factor authentication (MFA)

MFA puts an extra shield around your account. Once it's activated, your account will ask for multiple types of information before you can log in.

Step 3: Back up your device

Backing up your device makes a copy of your important files and puts them in a safe place. It's like saving your progress in a game so you can go back to it later!





Step 4: Use a passphrase

A passphrase is a password on *hard mode*. A passphrase that uses four or more random words will be hard for cybercriminals to guess but easy for you to remember.

Recognise and report scams

Beating cyber criminals takes teamwork. If you receive a fishy email or message, report it to Scamwatch or the ACSC right away.



BONUS TIPS THINK
about what you post online.

STAY
up to date with alerts from ACSC

TALK
about cyber security
with family & friends.

AVOID
public Wi-Fi when you're
online shopping.

For more information, or to report a cyber security incident, contact us:

cyber.gov.au | 1300 CYBER1 (1300 292 371).





How to book

Step 1: Hubworks! (HubHello) enrolment

New families

To attend Northern Beaches Council's Vacation Care centres your child must be enrolled in Hubworks! (HubHello), our child care management system. This needs to be done before you can book in for Vacation Care.

- If you have not used Northern Beaches Council Vacation Care in the past then you will need to create a new enrolment. To do this you can go to the Vacation Care page on Council's website and click on the link to "Register for Vacation Care". You will then be redirected to an online registration form in HubHello. Please complete all details in the online registration form and if you wish to claim Child Care Subsidy ensure that you add your correct customer reference numbers to this form.
- Click on "SUBMIT".
- We will then receive your registration electronically and will be able to accept your details into whichever Vacation Care centre you have chosen.
- You will receive an automated reply from HubHello acknowledging your registration and you will also be sent a login and password for HubHello.
- You won't be able to book into Vacation Care until this process is complete, so please ensure that you complete this process by close of business on Wednesday 8 June to ensure that we can accept your enrolment and send you your login details before bookings open on Tuesday 14 June.

Existing families

 To book in for Northern Beaches Council's Vacation Care centres you will now need to log in in to HubHello. If you have lost your login details please contact us on 9942 2312 or vacationcare@ northernbeaches.nsw.gov.au

- You won't be able to book into Vacation Care without logging into HubHello, so if you have lost your login details please ensure that you get in touch with us by close of business on Wednesday 8 June to ensure that we can send you your login details before bookings open on Tuesday 14 June.
- If you wish to add a new sibling, follow the steps for new families and we will link the new child to your existing family record. Again, please ensure that you do this by close of business on Wednesday 8 June to ensure that we can accept the enrolment before bookings open on Tuesday 14 June.

Step 2: Sign up for iPay (HubHello's direct debit service)

To make a booking for Vacation Care, families will now need to sign up to iPay. This is a direct debit service within the HubHello program. Families can enter bank account or credit/debit card details. A 10% deposit is required at the time of making your booking. Please note, if you have elected to enter your bank account details into iPay you will be required to enter credit card details to pay the 10% deposit to complete your booking. The balance of fees owing will be charged to the account you have nominated in iPay after the school holidays.

To sign up to iPay

- Login to your HubHello account at hubhello.com
- Click on the picture icon next to your name on the top right hand side of the screen and select "Profile"
- Click on the My Account tab and scroll down the page to the pay section
- Click on the iPay checkbox
- Read the iPay Request Service Agreement. You will need to agree to this agreement to continue
- Complete your preferred payment method - either credit/debit card (no Amex) or bank account details

- · Click on "Save"
- You will then be emailed a copy of your iPay Request Service Agreement
- For more detailed instructions go to the Vacation Care page on the Council's website: northernbeaches.nsw.gov.au

Step 3: To make a booking for these holidays

Bookings open 7am Tuesday 14 2022

- Login to hubhello.com
- Select BookMe from the Quicklinks dropdown (love heart icon)
- Select the child you wish to book in
- Click on the calendar icon to select April dates
- Click on the day/s that you wish to book your child in and click on "Participate"
- Once you have selected all of the days that you wish to book in click on "Checkout"
- Select Partial Fee payable at checkout as only 10% is required to secure the booking
- To confirm your booking, check that the days you have selected are correct, agree to the Terms & Conditions, tick the privacy check box and cancellation policy check box", enter your credit card details if you haven't already entered them in the iPay section of HubHello (see above) and click on "Confirm Bookings"
- A booking confirmation will be emailed to you.

Booking Terms and Conditions

Registration

All children must be enrolled in Hubworks! (HubHello) to book into our Northern Beaches Council's vacation care services. This enrolment process only needs to occur the first time the child uses a particular service. Once you enrol your child in HubHello you will receive an email with your logon ID and password for HubHello.

Bookings

Bookings for our Vacation Care program will open three weeks prior to the start of the school holiday period. All bookings are made using BookMe in the HubHello program.

Northern Beaches Council's Vacation Care centres follow the Federal Government's 'enrolment priority of access' guidelines. Priority of access will be given in the following order:

- A child at risk of serious abuse or neglect.
- 2. A child of a single parent who satisfies, or of parents who both satisfy the work/training/study test under section 14 of the Family Assistance Act.
- 3. Any other child.

All enrolments indicating that they are eligible for priority of access will be assessed in accordance with the Federal Government Priority of Access guidelines.

Bookings can be made up to 24 hours prior to the commencement of the daily program and are subject to resourcing availability.

There are no cancellations, refunds, credits or transfers once your booking has been processed, unless a medical certificate is supplied for the day/s missed within one week of the missed day/s. Please note that activities and excursion may be cancelled or modified last minute for unforeseen reasons. This does not warrant a cancellation of your booking.

Should your family be instructed to self-isolate due to COVID testing, or potential exposure risk, please do not send your child to Vacation Care. Contact our office so that we can adjust your booking accordingly.

Children must have completed their first term at primary school to attend Northern Beaches Council's Vacation Care program unless they are attending our pre-school Vacation Care program during the January school holidays.

Council reserves the right to review bookings received through BookMe and to withdraw bookings where families have money owing from previous holidays or where we are unable to meet the needs of all children booked in on a particular day within the resources available.

Medical treatment consent

By booking my child into Northern Beaches Council's Vacation Care program I give consent for the service to seek (i) medical treatment for my child from a registered medical practitioner, hospital or ambulance service (ii) transportation of the child by an ambulance service. I understand that I am responsible for any costs incurred. In the event of an emergency, Northern Beaches Council will make all reasonable attempts to contact the enrolling parent, and any other emergency contact nominated. Should attempts to reach emergency contacts fail, parents are advised that under Clause 174 of the Children's and Young Persons (Care and Protection) Act 1998, a medical practitioner or dentist is empowered to carry out treatment on my child in order to save his or her life or to prevent serious damage to his or her health. This authority granted by legislation does not relieve a medical practitioner or registered dentist from liability in respect of the carrying out of medical or dental treatment on a child or young person, being a liability to which the medical practitioner or dentist would have been subject had the treatment been carried out without my consent.

General Consent

By booking my child into Northern Beaches Council's Vacation Care program I hereby give consent for the child/ren booked into the Vacation Care program to attend the prescribed activities /excursions on the days they have been booked in. I understand that activities, incursions and excursions may be cancelled last minute by the service due to unforeseen circumstances and that this does not constitute a refund for my booking. I have read the Risk Assessment on Council's website and the information contained in the Vacation Care Program brochure. I give permission for my child/ren to participate in fire, evacuation and lockdown exercises. I give permission for Northern Beaches Council Vacation Care staff to apply or direct my child to apply the centre's sunscreen unless I provide my own sunscreen. I acknowledge that during my child/ ren's participation in the prescribed activities my child/ren will be exposed to the obvious risks associated with such activities. I indemnify Northern Beaches Council, it's officers and agents and keep them indemnified against all claims, demands, actions and liabilities of any kind (other than due to wilful negligence) arising from my child/ren's participation in the activity. I understand that there are no cancellations, refunds, credits or transfers once my booking has been processed, unless a medical certificate is supplied within one week of the day missed. I acknowledge that G and PG rated movies may be shown at the centre. I declare that the information I have provided on this form and in my HubHello enrolment is correct to the best of my knowledge.

Fees

The Vacation Care daily fee for \$85 per child. Child Care Subsidy (CCS) will be applied to this fee for families who have completed their Activity Test via the myGov website, and then confirmed their enrolment via myGov. Centrelink withhold 5% of all subsidy payments which is reconciled with families at the end of the financial year. No CCS will be payable where children are absent on the first or last day of care they are booked in for each holiday period.

Late pick up fee

Children who are collected after 6pm from the Vacation Care centre will be charged a late pick-up fee of \$15 per five minutes late, or part thereof.

Late payment fee

A late payment fee of \$11.40 will be charged to accounts when they reach 28 days in arrears.

Failed transaction attempt fee

A \$3 failed transaction attempt fee will be charged to accounts for every failed transaction attempt in HubHello iPay.

Payments

A 10% deposit is required at the time of booking. This payment is processed via iPay when checking out after you have made your booking in HubHello BookMe. The balance owing will be debited to the account you have nominated in HubHello iPay. These payments are usually processed on the Thursday of week two, each term. Please ensure that the account details you have nominated in iPay are correct and that there are sufficient funds to cover your Vacation Care fees at this time to avoid the \$3 failed transaction attempt fee.

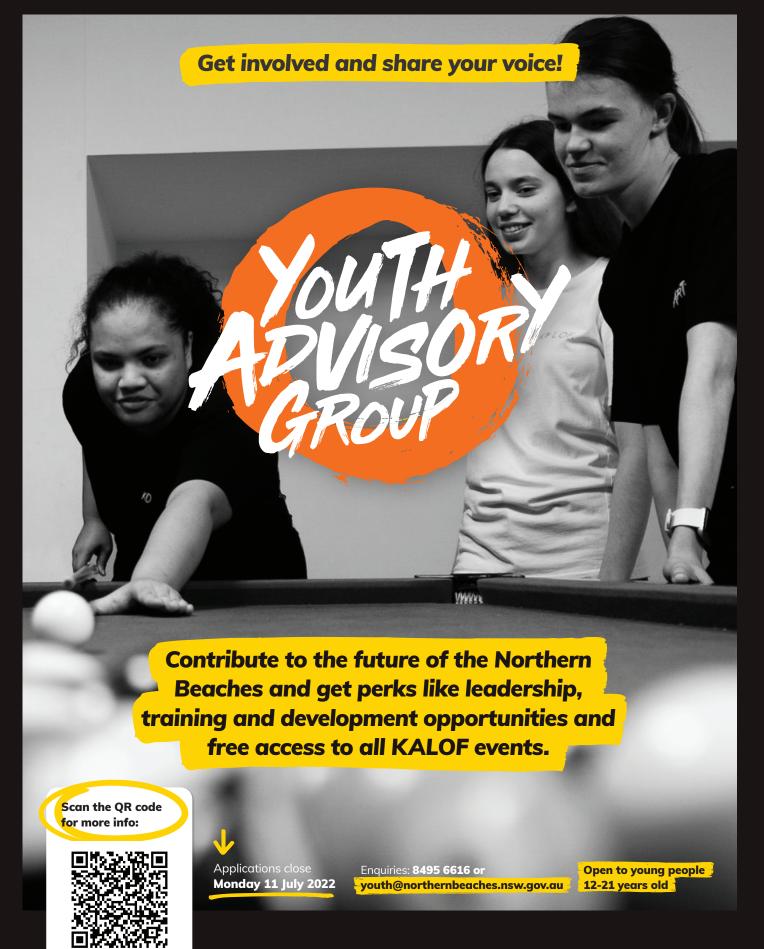
\$500 Before and After School Care vouchers accepted

Northern Beaches Council Vacation Care is

a registered provider for the BASC Voucher Program. Families can apply through Services NSW to receive a \$500 BASC Voucher between now and 30 September 2022 to be used for care up until 30 June 2023. Families can use their BASC Voucher to pay their Vacation Care gap fees, however you should be aware that the \$500 voucher can only be redeemed with one provider. This means that if you redeem your voucher with us it can be used to pay for vacation care at any one of our four vacation care services but not at any other vacation care or before and after school care programs. If families redeem their voucher with us and don't end up using the whole \$500 we are required to return the unused portion of the voucher to the State Government.

KALOF







Need some inspiration?

Remember!

Always pack an ice-pack or frozen water bottle with your child's lunch. This will help prevent growth of bacteria and keep it cool until lunch time.

Try these nutritious lunches:

Main lunch	Nutritious snack	Fruit	Drink (in addition to water)	Plus 1
Chicken, hummus and cucumber sandwich	Reduced fat cheese slices with wholegrain crackers	Apple	Chocolate flavoured reduced fat milk	Air popped popcorn
Ham, reduced fat cream cheese and salad wrap	Sultana snack pack	Fruit salad	Water	Dry breakfast cereal
Pesto pasta salad with chicken and capsicum	Reduced fat yoghurt	Orange	99% fruit juice (200ml or less)	Vegetable sticks with dip
Egg, celery and reduced fat mayonnaise sandwich	Homemade pita chips with hummus	Frozen grapes	Reduced fat plain milk	Tinned fruit in juice
Tuna, corn, lettuce and reduced fat mayonnaise wrap	Reduced fat cheese slices with wholegrain crackers	Fruit kebab	Water	Muesli bar (weekly extra)
Ham and sweetcorn frittata	Vegetable sticks with dip	Banana	Water	Rice crackers or cakes with dip
Chicken salad with chick peas, baby spinach and pumpkin	Vegetable sticks with dip	Fruit salad	Strawberry flavoured reduced fat milk	Reduced fat yoghurt
Tuna and sweet potato patties	Reduced fat cheese stick	Frozen melon balls	Water	Fruit spice English muffin
Turkey, tomato, spinach and reduced fat cheese sandwich	Avocado, carrot and lettuce rice paper rolls	Apple	Reduced fat plain milk	Reduced fat custard



Discount vouchers

Simply cut out the attached vouchers and present them at participating venues to claim your special school holiday offers.

Please note that these offers are only valid during NSW Winter 2022 school holidays, unless otherwise stated.



Functional Teens Class Free 7 Day Pass

For 12-16 year old. Classes Monday - Thursday at 4.15pm

Booking online and proof of age is required

1525 Pittwater Rd, Narrabeen

02 9970 8488 Valid NSW Winter 2022 School Holidays



Present this coupon to purchase 2 Adults + 2 Children for \$47

Not valid for Grand Seats or 3D films. Selected movies only. Conditions apply. Not valid on public holidays or discount days.

One voucher per customer

4 Vuko Place, Warriewood 9913 2800

Valid from 2/7/22 to 17/7/22



Buy 1x18 hole round of Mini Golf, receive upgrade to 36 holes for Free!

MUST present this voucher to redeem the offer. Not redeemable for cash.

One voucher per person

1500 Pittwater Road, Warriewood (enter via Walsh St) 9913 7991 pittwatergolfcentre.com.au

> Valid NSW Winter 2022 School Holidays



Pay for 1 hour hire, Get the 2nd hour Free!

The Boatshed 11 Narrabeen St, Narrabeen

9970 7081 Not Valid Public Holidays

Valid NSW Winter 2022 School Holidays



10% DISCOUNT ON ALL KIDS & TEENS ART WORKSHOPS

DRAWING • PAINTING • SCULPTURE PRINTMAKING • ANIMATION

Nurture and encourage your child's creativity with our fun and fabulous Art Workshops for kids and teenagers.

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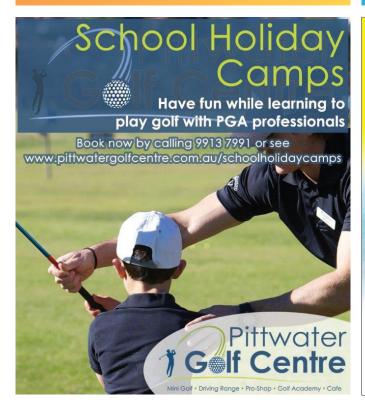
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