





PARENTING PROGRAMS

Please note you do not need to be Catholic to access our programs. CatholicCare welcomes staff and clients from all different backgrounds and beliefs.

FREE	CIRCLE OF SECURITY For parents of children 0 – 5 years. Helps you understand your child's behaviour and how to manage their emotions.	Monday's 19, 26 April & 3, 10, 17, 24 May 2021 10.00am - 12.00pm	 via Zoom
\$20	TUNING INTO TEENS Discover emotionally intelligent parenting. Learn how to communicate more effectively with your teenager, understand them better and how to help them manage their emotions	Tuesday's 27 April & 4, 11, 18, 25 May & 1 June 2021 6.00pm - 8.00pm	 via Zoom
\$20	TUNING INTO KIDS For parents of primary school children on how to develop your child's emotional intelligence.	Wednesday's 28 April & 5, 12, 19, 26 May 2021 10.00am - 12.00pm	 via Zoom
FREE	TRIPLE P GROUP For parents of 2 - 9 year olds. Provides practical solutions such as simple routines and small changes to assist with common behavioural and emotional issues in children.	Tuesday's 4, 11, 18, 25 May & 1, 8 June 2021 10.30am - 12.30pm	Waitara Family Centre 29 Yardley Place
FREE	1-2-3 MAGIC For parents of 2 - 12 year olds. Learn how to manage behaviour without arguing or shouting. Discover effective methods to stop unwanted behaviours, increase co-operation and enhance your relationship with your children.	Thursday's 13, 20 & 27 May 2021 10.00am - 12.00pm	Naremburn Family Centre 40 Merrenburn Avenue
FREE	GROWING BIG LIVES Provides information to parents about why family relationships are important, ways to positively communicate with their children, why teamwork and showing appreciation for each family member is important.	Tuesday 15 June 2021 12.00pm - 1.00pm	 via Zoom WEBINAR IN SPANISH

TO REGISTER:

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Click here <https://bit.ly/2NGteqM>