



LOWER NORTH SHORE
**CHILD & FAMILY
INTERAGENCY**

ONLINE FORUM 2020



Fathers in Focus – Supporting Dads on their Parenting Journey

WEDNESDAY 15 July
Time: 2:00 – 4:00 PM

VENUE

Via Zoom (Link sent a day prior)

Cost: FREE

REGISTER:

www.trybooking.com/BJRRL

Contact: Maria Comino
mariac@ransw.org.au

ALL WELCOME

Fathers in Focus – Supporting Dads on their Parenting Journey

Fathers can often be left on the sidelines or ignored, as society has created gendered parenting roles. There are unique and irreplaceable attributes that are often untapped, which they sometimes need to fight to contribute (Steve Biddulph). Fathers bring paternal strengths, when combined with maternal ones contribute to better outcomes for children and families. The benefits of an involved father includes higher self-esteem, better social & academic experience in school, and healthier relationships.

As a service provider, you can have a direct and profound impact in supporting the active role of dads in the lives of children and families. Join us in this upcoming forum to uncover the value that fathers bring to families and to the community. We will reflect, question and challenge:

- The unique value of Father's
- Barriers and what if dad's aren't around?
- How they want to be engaged
- How to welcome/ include dad's into parenting & family life
- How to welcome them into parenting courses, schools and the wider community



Andrew King

Practice Specialist Group Work and Community Education,
Relationships Australia

Andrew King is a leading group work specialist in community services, counselling and health. A respected author of multiple text books and training programs, he has devoted a large part of his career to group work and working with men, fathering and domestic violence. As a research practitioner Andrew is known for his focus on generativity and sharing his knowledge using a strengths-based approach both nationally and internationally. Andrew is currently the Practice Specialist, Groupwork and Community Education Manager at Relationships Australia, NSW. He is a devoted husband and father of two daughters.



Nicola Hensler

Co-ordinator – Family and Relationship Counselling, Naremburn and Northern
Beaches Family Centres CatholicCare Diocese of Broken Bay

With over 30 years' work experience predominantly in the youth welfare sector as a community services professional, therapist and educator, Nicola's expertise stretches across homelessness, sector development, personal development and service management. For the last six years, she has focussed on team leadership in her role at CatholicCare and clinical counselling practice working with individuals and couples, whom predominantly present with issues regarding relationships. In addition to counselling, Nicola also facilitates psycho-education courses for separated men and women dealing with ongoing conflict and facilitates weekly group therapy for men in recovery from addiction.