

PARENTING DEVELOPING BRAINS

*How to encourage healthy and positive
brain connections*



Christ Church Northern Beaches
3 King Street, Manly Vale

Saturday 7 September 2:00pm to 4:00pm

Facilitator: Ann Cunningham

RSVP to Viv - email: vivien.nicholls@gmail.com or phone: 0412 852 215

Childminding & Afternoon Tea provided.

Presented by MU SYDNEY
part of the worldwide Mothers' Union

Shop 39 Town Hall Square, 464 Kent St, Sydney

(02) 8030 8970 | parenting@musydney.org.au | www.musydney.org.au

Parenting Developing Brains



CONTENT

Explaining how the brain develops in children and adolescents

Applying brain development knowledge to activities your child completes

Relating knowledge of brain development to parenting strategies

FORMAT

The seminar takes into account how adults learn best and how groups operate to their maximum potential. With these two issues in mind, the seminar consists of discussion times, small group work, multi-media presentation, personal reflection and various activities.

This is presented in a non threatening atmosphere and all facilitators have been trained by MU Sydney. The seminar has been designed for an Australian audience but has the benefit of information and skills that are recognised worldwide.

MU SYDNEY is part of a worldwide organisation within the Anglican Church. The motivation for offering the *Parenting Developing Brains* seminar is to help fulfil their mission statement, *Sharing Christ's love by encouraging, strengthening and supporting marriage and family life.*

MU commissioned Kate Pearse, a qualified educator and group facilitator, to develop the seminar. Kate lives in Bowral with her husband and has three young adult children, with two of them being married. She is on staff at St Jude's Anglican Bowral and is studying a Diploma of Ministry.