



GREAT THINGS ARE HAPPENING IN OUR SCHOOL CANTEEN

What is happening

There is a NSW Healthy School Canteen Strategy and our school canteen has worked hard to achieve this and create a better school community for our students.

The strategy aims to promote health and well-being for children in all NSW primary and secondary schools, by providing healthier food and drink choices to encourage healthy growth and development.

All NSW government schools are required to meet the criteria before the end of 2019. Independent and Catholic Schools are also strongly encouraged to achieve the Strategy.

What you may notice

- At least 75% of our menu is "Everyday" foods and drinks.
- Promotion of better food and drink choices.
- Removal of sugary drinks and unhealthy food.
- More fresh food available.
- Changes to portion sizes of food and drinks.
- 3.5 Health Star Rating (HSR) being applied to all "Occasional" packaged food.
- A new attitude towards food.

Please continue to support your school canteen during this period of change, as we strive to create **a healthier school community** for all. Volunteers are always welcome and if you are interested please contact our canteen manager.

For more information on the NSW Healthy School Canteen Strategy please visit the website

<https://healthyschoolcanteens.nsw.gov.au>