

FREE



CatholicCare
Diocese of Broken Bay

TRIPLE P PARENTING SEMINAR

A three week program for parents of children aged 2 – 9 years.

Small changes can make a big difference



Tuesday's
19 June, 26 June &
3 July 2018
6.30 – 8.00pm



Dee Why PCYC
40 Kingsway, Dee Why



Cost: FREE
Note: Children are
unable to attend.

Triple P is a parenting program for all families that provides practical answers to everyday questions. It doesn't tell you how to be a parent - think of it as a toolbox of ideas. You choose the strategies you need and how you want to use them. Provides practical solutions such as simple routines and small changes to assist with common behavioural and emotional issues in children.

**BOOKINGS ARE
ESSENTIAL**

Northern Beaches Family Centre
P: (02) 8425 8700
E: intakefs@catholiccaredbb.org.au

This group requires minimum attendance numbers to proceed. If we do not reach minimum numbers we may need to postpone or cancel the group.

catholiccaredbb.org.au | www.triplep.net