



Healthy • Active • Happy • Kids

"It's so wonderful to have my active, happy, motivated and confident 10 year old boy back."

Go4Fun Parent.



A **FREE** 10 WEEK PROGRAM FOR KIDS AGED 7 TO 13 YEARS
AND THEIR FAMILIES TO BECOME FITTER, EAT HEALTHIER
AND IMPROVE THEIR SELF-ESTEEM.

WHEN

Tuesdays

4.30pm-6.30pm

Starts 31 January 2017

WHERE

Pittwater Sports Centre

Fresh Start Gym (inside the Centre)

1525 Pittwater Rd, North Narrabeen

REGISTER NOW

FREECALL 1800 780 900 OR GO4FUN.COM.AU



Health

Northern Sydney
Local Health District